

AMERICA WALKS

Making America a Great Place to Walk

November 2016

America Walks Remains on the Walking Path

No matter your take on the election results from earlier this month, rest assured that America Walks' commitment to working to ensure that every community member is afforded safe, accessible and enjoyable places to walk and be active is stronger than ever. We were inspired [by an unprecedented number of local and state ballot initiatives considered this election cycle](#) and have worked with our partners to put together [recommendations that will protect and promote active transportation in the new administration.](#)



We know that walking provides an important transportation alternative to access education, jobs, healthcare and opportunities to play and engage with one another. Our commitment, to advocates and to communities across the US, to protect and promote walkable communities remains the foundation of our organization.

Read our full statement on the 2016 election [here.](#)

#Walk4ACause this Giving Tuesday

[#GivingTuesday](#), the Tuesday after Thanksgiving, has been rebranded as a global day of giving. On November 29th, join America Walks and other walking champions as we step towards creating walkable communities for every individual. Show how you [#Walk4aCause](#) by [making a donation to America Walks](#) to help us continue our commitment to turn more Americans on to the power and possibility of walking. Help us spread the word by sharing this email and spreading the efforts to get America walking [on Twitter.](#)

Join Minnesota Walks at the 2017 National Walking Summit!

Minnesotans want and need safe and desirable places to walk and roll, whether to

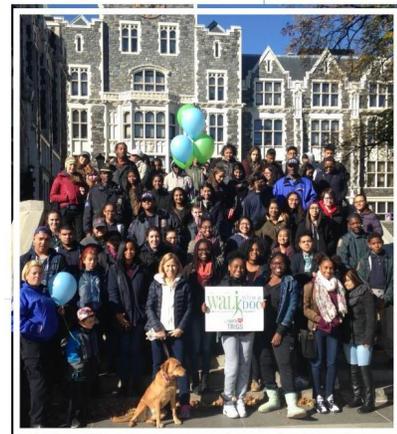
get to everyday destinations or for leisure. Their commitment to making walking an essential part of the transportation system is one of the reasons the [National Walking Summit is headed to St. Paul in 2017!](#) To learn more about their efforts, including [Minnesota Walks](#), their new framework for making walking and rolling safe, convenient and desirable for all, [click here](#). Be sure [to submit an application for a session at the 2017 National Walking Summit](#) to join them in highlighting the many ways the US is embracing walking.

Mark Your Calendars!

- **November 30th:** Deadline to [submit an application](#) for the 2017 Walkability Action Institute, an annual three-day training on ways to increase walkability through community design.
 - **January 6th:** Submit a walking champion or walkable community as a nominee for [CNU's 2017 Charter Awards](#).
-

Walking - and Talking - with Future Docs

CUNY medical students have put their own twist on the popular [Walk With a Doc program](#). As part of Walk with a Future Doc, aspiring MDs get together each month for a walk. The walks are attended by medical students and faculty and other members of the campus community, offering a chance for disseminating health-related information while getting in some exercise, exploring Harlem, and spurring interaction among people who might not otherwise talk to one another. On a recent Saturday, law enforcement, college public safety officers, and members of an NYPD youth explorers and CUNY School of Medicine high school health professionals pipeline program joined in for the first time in what is expected to be the beginning of a continued partnership.



Get Walking at Work with our November Webinar

Incorporating walking into your work day will not only help improve your physical health, but can help increase productivity and creativity, strengthen relationships with colleagues and create a more positive work environment. Learn how to add steps to your work day by reviewing our [November 17th webinar on Walking Meetings](#).

What We're Reading

- How did Hillary Clinton decompress after her Election Day defeat? She [went for a walk](#), of course.
- [Jay Walljasper](#) writes that a year after the U.S. Surgeon General's [Call to Action](#) on walking, walking is gaining recognition as an economic driver and

a basic right.

Help Get America Walking!

Our Sponsors

America Walks thanks our sponsors for their generous support of this publication and all of the work being done by America Walks to promote the walkable movement. Thanks for helping to make America a great place to walk!

8-80 Cities, AARP, Active Living By Design, Active Transportation Alliance, Alliance for Biking & Walking, American College of Sports Medicine, American Council on Exercise, APBP, APHA, BungyPump, California Walks, Carmanah, CDC, Chaffin Luhana, LLP, Circulate San Diego, Daniel Rose Law, Dynamic Vitality, Eco-Counter, Estey & Bomberger, LLP, Every Body Walk!, Federal Highway Administration, FedEx, Feet First, Group Health, Health by Design, Hoosier Rails to Trails Council, Idaho Bike Walk Alliance, Jurewitz Law Group, Kaiser Permanente, Kellogg Foundation, Landman Family Charitable Trust, Law Offices of Jay S. Knispel, Lyft, MIG, Inc., National Association of Realtors, National Physical Activity Society, Nelson Nygaard, Nemours, Northshore LIJ, Orthotic Shop, Partners for Health, pathVu, PedNet Coalition, PEDS, Posternak, Rails to Trails Conservancy, re:Streets, Robert Wood Johnson Foundation, Safe Routes to School National Partnership, Sally Flocks Charitable Fund, Sally Morin Law, Shaping New Jersey, ShoreWalkers, Inc., Synergy, LLC, The Reeves Law Group, US Fish and Wildlife Services, W-Trans, Walkable and Livable Communities Institute, Walkapocket, Walk Boston, The Walking Company, Weissman-Landman Family Trust

Have an item for our newsletter or a question for our team? Contact America Walks

503.610.6619 | info@americawalks.org | www.americawalks.org

Stay Connected



Be sure to get the latest news and events by updating your profile at the link below!