

[Click Here to Support Walkable Communities](#)

20 years strong AMERICA WALKS

July 2017

Where the sidewalk ends

America Walks' Emilie Bahr finds disturbing signs that one of the nation's largest cities still considers people subservient to the automobile. As she explored Houston earlier this month, she came face to face with examples where the burden for achieving safe conditions falls squarely on the shoulders of the most vulnerable users in the equation. [Read more about her experience here.](#)



New Orleans Mayor Calls for Addressing Climate Change Through Walking

As many cities across the country consider ways to take action to combat climate change, the mayor of one of the nation's most climate-imperiled cities and the newly-appointed head of the U.S. conference of mayors has outlined [a strategy for his city](#) that involves cutting automobile trips by 50 percent by boosting walking, biking and transit. To read more about how walkable communities can support sustainable cities, [read our statement here.](#)



New Orleans Mayor Mitch Landrieu has outlined a new climate action plan that includes reducing auto trips by 50 percent by 2030.

Celebrating the Importance of Play

This July, celebrate Park and Recreation Month with us and the **National Recreation and Park Association (NRPA)**. This year, we're celebrating the importance of play in keeping us active and healthy. You can participate on social media using #PlayOnJuly and in NRPA's weekly photo contest. Explore the many benefits of being outside with **their guest blog post**. Visit **here** to learn more!

We're Celebrating Our 20th Anniversary

It's the 20th anniversary of America Walks and we celebrated our birthday **by looking back at the growth of the organization and the walking movement**.

We heard from some of the founders of the organization, experts in the walking movement, and our staff for an inside look at how we are making America a great place to walk. **Add your voice to the conversation- nominate a Walking Champion today!**

Join Walk with a Doc in Making Health and Happiness Accessible for All

National Walking Summit Sponsor Highlight

Walk with a Doc was started in 2005 by Dr. David Sabgir, a cardiologist in Columbus, Ohio. Frustrated with his inability to effect behavior change in the clinical setting, Dr. Sabgir invited his patients to go for a walk with him in a local park on a spring Saturday morning. To his surprise, over 100 people showed up, energized and ready to move. **Learn more about his efforts here.**



Join Walk with a Doc at the
2017 National Walking Summit

What we've been reading this month:

- **Walking College** fellow Chelsea Reome **penned a column** in her local newspaper enumerating the many benefits of walkability and urging her community of Broome County, NY to action to improve conditions for walking.
 - **The New York Times** looks at the particular benefits of exercising outside.
 - We **released a statement** on the recent report on speeding-related crashes from the **National Transportation Safety Board**.
-

Mark your calendars!

- **Submit a proposal** for AARP's 5th annual Livable Communities National Conference, taking place Nov. 14-16 in Texas, by August 14.
- Main Street America **is soliciting proposals for its 2018 Main Street Now**

conference, to be held March 26-28 in Kansas City, Missouri.

- **Propose a presentation** for the New Partners for Smart Growth Conference in St. Louis, MO in February 2018.
- Head to Banff, Canada with Active Living Research for their 2018 conference by **submitting an abstract**.

Looking for a gift that yields dividends?

Did you know you can support America Walks *and* honor change makers? **Donations are accepted** in honor of people (and even places) who are making a difference! Gifts to America Walks are also gratefully accepted in memory of extraordinary people who impacted lives and locations for the better. **Honor someone with a gift to America Walks today!**

Help Make Every Community a Walkable Community

Our Donors

America Walks would like to thank those individuals and organizations who have made donations to America Walks in the previous month. We are grateful for their support of this publication and all of the work we do to make America a great place to walk.

Andrea Barnes, Anonymous, Baumgartner Law Firm, Bhatt Law Group, Debbie Lane, Feet First, Minnesota Department of Health, Steven Hooker, SteVon Edwards, Voices for Healthy Kids, Walk with a Doc, Washington University

Our Sponsors

America Walks thanks our sponsors for their generous support of this publication and all of the work being done by America Walks to promote the walkable movement. Thanks for helping to make America a great place to walk!

APBP, Belt & Bruner, PC, Bhatt Law Group, BungyPump, California Walks, Carmanah, CDC, Daniel Rose Law, Dynamic Vitality, Ehline Law Firm, Estey & Bomberger, LLP, Every Body Walk!, FedEx, Feet First, Health by Design, Idaho Bike Walk Alliance, John K. Zaid & Associates, PLLC, Jurewitz Law Group, Kaiser Permanente, Keep Highways Safe, Kellogg Foundation, Landman Family Charitable Trust, Law Offices of Jay S. Knispel, Michigan Workers Comp Lawyers, MIG, Inc., McKneely Law Firm, Michigan Auto Law, Orthotic Shop, PEDS, re:Streets, Robert Wood Johnson Foundation, Ronald J. Bua & Associates, Sally Flocks Charitable Fund, Sally Morin Law, Shaping New Jersey, ShoreWalkers, Inc., Staver Law Group, Synergy, LLC, The Reeves Law Group, US Fish and Wildlife Services, Vinson Litigation Finance, W-Trans, Weissman-Landman Family Trust

Have an item for our newsletter or a question for our team? Contact America Walks

503.610.6619 | info@americawalks.org | www.americawalks.org

Stay Connected



Be sure to get the latest news and events by updating your profile at the link below!

[**Click Here to Support Walkable
Communities**](#)