

AMERICA WALKS

America Walks Newsletter

Fall 2015

Temperatures Cool But the Walking Movement Heats Up

The walking movement has had a "hot" September and is looking forward to a sizzling October and beyond.

- There is such great momentum since the release of the [Call to Action on Walking and Walkable Communities](#). If you missed the launch, you can [catch the video here](#). Hear our Board President Kathy Smith on representing America Walks so well and emphasizing the importance of the work being done by local advocates across the country.
 - Looking for ways to groove as you move? *Step It Up!* and put a soundtrack to your walking with the [Surgeon General's Pandora playlist](#).
 - America Walks and the Every Body Walk! Collaborative are launching a new initiative to bring local advocates and federal agencies together to create safe and accessible walking conditions for every American. [Join us for the kick-off webinar on October 15.](#) [Register Here](#).
 - America Walks and the Every Body Walk! Collaborative are hard at work preparing for the 2015 National Walking Summit and can't wait to see everyone in Washington DC in October. Be sure to check out our [Program at a Glance](#) to start planning your Summit experience.
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Washington, DC in October: Walk the Hill Day and 2015 National Walking Summit!

Put Feet on the Ground at Capitol Hill

The [2015 National Walking Summit](#) is bringing together leaders,

experts and advocates in Washington DC in October and we are taking advantage of having the walking movement's best and the brightest in DC to pound the pavement on Capitol Hill with the [America Walks Walk the Hill Day](#) taking place Wednesday October 28.



- Join us for a ["What's Happening in Washington"](#) webinar on Friday October 9 at 2pm. The webinar will provide an overview of the issues we will be taking to the Hill and ways you can help. [Register Here](#)
- Check out the full [Walk the Hill Day schedule](#) and stay tuned for updates.

Secretary Foxx Stands with 2015 National Walking Summit



US Transportation Secretary Anthony Foxx is lending his voice to the [2015 National Walking Summit](#) and last week also lent his Fast Lane blog to America Walks! We used this opportunity to congratulate Secretary Foxx on his efforts to promote safe and accessible walking conditions. [See our Fast Lane blog post here.](#)

Join Secretary Foxx at the [2015 National Walking Summit](#), where we will continue the discussion on making every community a walkable community.

Walking News

Every Body Walk! Opens Applications for Call to Action Micro Grants



Is your community looking for ways to join US Surgeon General Vivek Murthy's Call to Action to Step it Up?

America Walks and the Every Body Walk! Collaborative are pleased to announce a new micro grant program designed to assist local walking advocates and leaders to build on the momentum of the newly released [Surgeon General's Call to Action](#). This one time award will fund 10-15 community groups each up to \$2,500 for activities designed to increase local walking programming and stimulate community demand for infrastructure improvements that provide accessible, safe walkable places for the entire community. [Grant applications](#) are due by 5:00pm EDT on October 15, 2015. [Find out more here.](#)

Creating Healthier Lives One Step at a Time

Sussex County, New Jersey is working collaboratively to create life-changing healthy habits through a [Centers for Disease Control and Prevention \(CDC\)](#) Pioneering Healthier Communities (PHC) initiative. Since the program's inception late in 2009, over 1,000 patients have been referred by their physician with a prescription for exercise.



To further enhance lifestyle changes, through funding by [Shaping NJ](#) and collaborations with local farmers, we were able to provide shares of CSA (Community Supported Agriculture) to Y First participants. With nutrition workshops provided by [Newton Medical Center](#), families have learned to eat and cook with fresh vegetables as part of their journey to health. [Read more about the important work being done by the Sussex County YMCA here.](#)

Fulton County, GA Takes Steps Towards Walkability

On, September 25, 2015, in a packed work-session, filled with local leaders and decision makers, Fulton County took a giant step forward in addressing generations of needed transformations, regarding health disparities.



Coalition leader Cornelia King said "We can no longer afford to watch other areas of Georgia walk more, eat healthier, and live better. In real-time, in our own communities, we truly want to become a safer, walkable, bike-friendly, healthier eating and overall healthier place to life, work and play. Together, we can do it, and together we will." [Read more about the important work being done in Fulton County, GA Here.](#)

Partner Highlights

Walking Summit Sponsor Highlight

The Walking Company, a leading specialty retailer of comfort footwear, is a proud sponsor of America Walks and the 2015 National Walking Summit. With over 200 retail locations across the U.S., The Walking Company is dedicated to bringing customers the best brands from around the world including: ABEO®, Dansko®, UGG® Australia, ECCO®, and many more. The Walking Company focuses on overall health and wellness by providing comfort footwear solutions utilizing advanced digital scan technology and exceptional customer service.



America Walks Sponsors

America Walks would like to thank our sponsors for their generous support of this publication and all of the work being done by America Walks to promote the Walkable movement. Thanks for helping to make America a great place to Walk!

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