Pedestrian Planning for Communities
A Transferable Training and Implementation Program from Kentucky
Kentucky continues to rank as one of the most obese states across all ages.¹
Access to Physical Activity through Community Design

16.6% of adults and 31% of middle school students meet recommended physical activity guidelines.

68% of children have sidewalks or walking paths in their neighborhoods.

Only 27 of the 500 cities and towns in Kentucky have adopted pedestrian plans.
Walkability Assessments
CDC 1305: State Public Health Actions to Prevent and Control
Committee Partners

Federal Highway Administration—Kentucky Division
Foundation for a Healthy Kentucky
Kentucky Association for Economic Development
Kentucky Department for Public Health
Kentucky Department of Education
Kentucky Office of Adventure Tourism
Kentucky Injury Prevention Research Center (KIPRC)
Kentucky Safety and Prevention Alignment Network (KSPAN)
Area Development Districts
Kentucky Department of Aging and Independent Living
Kentucky Cancer Consortium
Kentucky Main Street Program
Kentucky YMCA

Kentucky Office of the Americans with Disabilities Act
Kentucky Rails to Trails Council
Kentucky State Parks
Kentucky Transportation Cabinet
Kentucky Youth Advocates
National Park Service
University of Kentucky—Cooperative Extension
University of Kentucky Transportation Research Center
Kentucky American Association of Retired Persons
Requires all new or reconstruction of state-maintained roadways to consider the incorporation of pedestrian and bicycle accommodations during the planning process.

The best way to help with these considerations is to have a plan for pedestrian and bicycling improvements.
Pedestrian Plan

Pedestrian Plan – a detailed plan that engages community members to identify priorities for creating a safe, attractive walking and biking environment for people of all ages and abilities.

When adopted by local government will serve as official documentation of your community’s need and readiness for improvements.
OUR VISION
All Kentucky communities will accommodate all modes of transportation and provide access to safe, attractive and convenient opportunities for physical activity, whenever and wherever possible.
Communication Goals

1. Increase awareness for the need of a pedestrian plan
2. Establish pedestrian planning as a top priority
3. Create a demand for training
What do communities need to develop pedestrian plans?

- Easy to Use Resources
- Training, Technical Assistance & Networking
- Community Engagement
PEDESTRIAN PLANS: BENEFITS
First Steps to a More Walkable Kentucky

Health

Safety

Economics
Engage Multiple Audiences

- Planners
- Community Partners
- Walk/Bike Advocates
- Local officials
- Schools
- Businesses
Feedback from 2014-2015 Grantees

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Next Steps

Showcase success stories

Develop social media campaign
Contact Us!

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