For Immediate Release

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*America’s Walking Renaissance* Book Released

America Walks and the Every Body Walk! Collaborative are excited to announce the release of a new book, *America’s Walking Renaissance*. The book, written by Jay Walljasper, Kate Kraft and Heidi Simon of America Walks and with a forward by Tyler Norris of Kaiser Permanente, examines how nine cities, suburbs and towns across the US are getting back on their feet to embrace walking and become more walkable.

*America’s Walking Renaissance* is a journey across the US, taking a look at walkable cities of all shapes and sizes and providing resources and information on the growing walking movement. The book highlights the hard work being done by passionate individuals to encourage more people to walk and to create more walkable places. Walking is the gateway to increased physical activity, and a stimulus to safer, more livable and equitably prosperous communities.

This new book will serve as an important look back at the progress made to encourage walking across the US and, hopefully, a guide and inspiration for those just getting started on the path to walkability. To learn more and download a copy of the book, please visit www.americawalks.org/americas-walking-renaissance

*About America Walks*
America Walks, a 501(c)(3) nonprofit national organization is leading the way in making America a great place to walk. We provide a voice for walking and walkable communities with federal agencies, provide strategy support, training and technical assistance to statewide, regional, and local organizations, and serve as the convener of the national Every Body Walk! Collaborative. To learn more visit www.americawalks.org

*About the Every Body Walk! Collaborative*
The Every Body Walk! Collaborative is a partnership of national, state and local organizations, federal agencies, businesses, and professional associations that are committed to developing and implementing collective approaches that can return walking to a valued, cultural norm for all Americans. Kaiser Permanente is a founding partner of Every Body Walk! and the collaborative. Learn more at www.everybodywalk.org.