

# *Every Body* WALK!

## **Walkable Communities Are Healthy Communities Considerations and Questions**

The following questions and considerations are to help projects related to promoting health through walking and walkability address issues of equity and be inclusive of all community members.

- What health concerns is the project working to address? What health concerns exist that could also be addressed through the work?
- Have I/we considered the viewpoints of all community members in considering what it means to be physically active, including cultural, religious, economic or considerations for age or ability?
- Have I/we taken steps to involve and engage community members on the issue and proposed project?
- How will community members benefit from this project? What are potential disadvantages to this project for community members?
- What will the short-term impact be from our project on the health concerns of community members?
- What will the long-term impact be from our project on the health concerns of community members?