Walkable Communities Are Healthy Communities
Considerations and Questions

The following questions and considerations are to help projects related to promoting health through walking and walkability address issues of equity and be inclusive of all community members.

• What health concerns is the project working to address? What health concerns exist that could also be addressed through the work?

• Have I/we considered the viewpoints of all community members in considering what it means to be physically active, including cultural, religious, economic or considerations for age or ability?

• Have I/we taken steps to involve and engage community members on the issue and proposed project?

• How will community members benefit from this project? What are potential disadvantages to this project for community members?

• What will the short-term impact be from our project on the health concerns of community members?

• What will the long-term impact be from our project on the health concerns of community members?