New Research and Tools for Public Health Practitioners Interested in Working with the Planning and Transportation Sectors to Improve Community Walkability

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Overview of the Primer

- Brief overview of role of the built environment in influencing community walkability
- Brief review of different types of land development policy approaches that effect community walkability;
- Identify strategies for incorporating pedestrian-oriented provisions into land development and related policies;
- Highlight other policy strategies for supporting community walkability;
- Outline cross-sectoral strategies for supporting community walkability; and,
- Provide a glossary of key terms and specific case examples for the approaches described in the primer
Land Development and Related Policies

- Provides an overview of:
  - Land development plans and separate topical plans
  - Land development regulations (zoning and subdivision regulations)
  - Additional land development policy tools

http://go.uic.edu/zoningprimer
Elements that support walkable communities

- Mixed-use development
- Sidewalks
- Crosswalks
- Trails/paths
- Bike/pedestrian and street connectivity
- Parks/open space
- Street furniture and other pedestrian features

Other policy strategies to support walkable communities

- Complete Streets
- Safe Routes to School
- Vision Zero
- ADA Transition Plans
- Policies to promote alternative forms of transportation
ZONING PRIMER

What Can Different Sectors Do To Support Community Walkability?

- Provides key policy and other strategies that can be taken to support community walkability.
- Organized by sector
  - Public health
  - Land use/community design
  - Transportation
  - Parks, Recreation, and Schools
  - Private employers, businesses, and developers

http://go.uic.edu/zoningprimer

Key Resources

- Provides resources with web links for practitioners interested in finding out more about the various strategies discussed in the primer

http://go.uic.edu/zoningprimer
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Appendix

- Identifies and describes key terms used throughout the primer and provides real examples (with links) from communities nationwide

http://go.uic.edu/zoningprimer

FACTSHEET:

Zoning Code Reforms are Associated with Walking Behaviors in a Nationwide Evaluation

http://go.uic.edu/zoningfactsheet1
ZONING CODE REFORM FACT SHEET

- Companion to the Primer
- Supports new Community Guide recommendations
- Briefly summarizes findings on the relationship between zoning code reforms and adult leisure and active travel-related activity from our NIH-funded study

http://go.uic.edu/zoningfactsheet1

FACTSHEET: Zoning Elements are Associated with Walking Behaviors in a Nationwide Evaluation

http://go.uic.edu/zoningfactsheet2
ZONING ELEMENTS FACT SHEET

- Focused on elements in zoning codes that may be supportive of community walkability
  - Sidewalks
  - Mixed-use
  - Open space
  - Pedestrian-friendly infrastructure
  - Trails/paths

http://go.uic.edu/zoningfactsheet2

ZONING ELEMENTS FACT SHEET

- For each zoning element, present data on the relationship between the zoning provision and adult activity/active travel to work
- All data are based on multivariate regression analyses

http://go.uic.edu/zoningfactsheet2
ZONING ELEMENTS FACT SHEET

- Back page of both fact sheets provide references that will point you to our papers that have presented some of the findings presented in the fact sheets

http://go.uic.edu/zoningfactsheet2

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