Minnesota’s Effort to Support Walkable Communities

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Better Health Together | health.state.mn.us/ship
• Connect Health, Land Use & Active Transportation

• State-level Coordination
• Technical Assistance Support
• Build Capacity
State-Level Partnerships

Top five elements that positively contribute to a walking experience:

- Presence of other people
- Good sidewalks or trails
- Quiet streets & low traffic
- Good snow & ice removal
- Shade

Winter Walk to School Day is February 7.

Sign up today!

Register for MnSERIS Winter Walk to School Day and we’ll send you stickers, posters, and educational materials to support your event.

Click here to register and learn more.
Walkable Community Workshops
Planners4Health
Healthy Comprehensive Plan Opportunity

- Met Council established by state law as the regional governing body for the seven-county Twin Cities area.
- Regional comprehensive plan once every 10 years.
- Local plans updated in accordance with laws and policies that govern regional systems and comprehensive planning content.
BETTER HEALTH TOGETHER

• Across Minnesota, communities are working together to create more opportunities for active living, healthy eating and tobacco-free living.

• When we make healthy choices easier and available for everyone, we support better health for all.
Statewide Health Improvement Partnership

• Forges partnerships among diverse local leaders

• Catalyzes broad-based community action

• Leverages local knowledge and multiplies resources

• Creates sustainable impact advancing policy, systems & environmental (PSE) change
Foundational Practices

- Assess and identify health inequities
- Engage affected communities
- Communicate and build capacity of people affected and decision makers
- Prioritize needs and identify how to implement PSE changes
- Sustain partnerships and efforts
Assess Pedestrian Environment
Worksite Partners

- Create downtown walking maps
- Monthly artist walks; walking theme as part of annual conference
- Update employee handbook to encourage walking breaks
- Distribute maps
Project Outcomes

- Increase in walking by employees, patrons, customers
- New, expanded partnerships willing to participate in pilot study
- Increase interest and community conversations around walking
- Creativity of worksite action plans
- Map interest, distribution and usage
- Sidewalks data now available for City planning
- Learnings shared Statewide
MINNESOTA
WALKS
December 2016

A framework for action for creating safe, convenient and desirable walking and rolling for all.
Creating Active Community Environments in South Carolina: A Grassroots Guide

May 2017
Capabilities for Public Health Agency Involvement in Land Use and Transportation Decision Making to Increase Active Transportation Opportunity

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Thank you!

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