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# 20<sup>years strong</sup> AMERICA WALKS

August 2018

## Before the Summer Wraps, Get Tactical



*Walking College alum Faye Paige Edwards' St. Louis traffic-calming project shows how fun, attractive, and inexpensive materials make a pop-up pop. Photo Credit: Trailnet.*

From vibrant pop-up crosswalks to colorful **slow zones**, we're big fans of taking to the streets to pushing people-first design. If you're looking to wrap up the summer on a high note, one of the most vitalizing, visible and momentous things you can do to forward the walking movement is to explore safer streets with some tactical urbanism.

## Check out These Inspirations to Pop-Up Safety

- Read our former **Walking College Fellow's advocacy stories**, where alums' reflect on re-imagined safety improvements that **fueled permanent change** in their communities.

- Study how you can make changes in your own community that might be **Lighter, Quicker, and Cheaper** than you would think. Want more? **Check out the recording of our webinar on the topic.**
- Be Inclusive! **This video** by National Center on Health, Physical Activity and Disability from our recent workshop in Alabama touches on Tactical Urbanism for Inclusive Community Design.
- Watch Street Films' **Inside a People-First Superblock** for some international ingenuity.
- **Read The Case for Building \$1,500 Parks** which highlights a groundbreaking study that access to green spaces reduces feelings of worthlessness and depression.

Always remember, **America Walks is your first step** to finding information for launching into tactical urbanism.

[Click Here To Learn Tactics on Tactical Urbanism](#)

## Other Happenings

### Join Walk With A Doc

**Walk with a Doc** is an international revolution that inspires communities through movement and conversation.

Each healthcare provider-led walk is a safe, fun, and non-competitive place to learn about health, ask questions, and get your steps in while **reaping the benefits** of walking. Will you **join them** for a walk?



**Read this inspiring story** of what happens when you take that first step!

### Connect Activity-Friendly Routes In Your Community

The Centers for Disease Control and Prevention's **Community Preventive Services Task Force** recommends built environment approaches that combine one or more interventions to improve activity-friendly routes with land use and community design interventions to increase physical activity. **Use their guides** to implement these practices in your neighborhood.

### Get to Know America Walks' Newest Board Members

We're making major strides in the walking movement with powerful change agents supporting us behind the scenes. America Walks' newest board members **Veronica O. Davis** and **David Dixon** joined us earlier this month. Read why they're invested in empowering communities to create safe, accessible, and enjoyable walking conditions for all.



### Veronica O. Davis

Veronica O. Davis, P.E., is a self-described transportation nerd. She believes all people should have access to safe, reliable, and affordable transportation. She has over 16 years of experience in civil engineering and planning, and is the Partner and Principal Planning Manager and co-owner at Nspiregreen LLC. [Read more about Veronica in our Q & A.](#)



### David Dixon

David leads planning and urban design for Stantec's Urban Places, integrating planning, design, smart mobility, real estate development, smart cities, and related disciplines to help communities benefit from accelerating demographic, economic, and technological changes. [Read more about David in our Q & A.](#)

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## Mark Those Calendars

- Happening now: Our friends over at [Rails to Trails](#) are on the hunt for a new President. Could it be you? [Apply here.](#)
- September 12: Register for America Walks' next webinar, "[Pedestrians Are People Too: The Criminalization of Walking.](#)"
- September 26: Join our next Walking Towards Justice episode, [Connecting and Allying with the Disability Rights Movement.](#)

October 10: Walk Bike To School's Walk to School Day 2018. [Register your community's event here!](#)

- November 12-14: Are you committed to making your community a great place for people of all ages during all life's stages? [Register for the AARP Livable Communities National Conference here.](#)

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## Content We Loved This Month

- [Act Fast: The Growing Call for Slower Speeds / America Walks](#)
  - [14 Gorgeous Car-free Cities Around the World / Curbed](#)
  - [Chicago's Regional Mode Share Report / Active Transportation Alliance](#)
  - [What's the Deal With Giant Games in Parks and Plazas? / City Lab](#)
  - [15 Cities Tackling Pollution by Curbing Cars / Curbed](#)
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## Want to Be Featured by America Walks?

*People interacting about walking at a garden event. Photo: Move Minnesota.*

Send us your captivating photos of special events, everyday walking, and anything that reflects what walking means to your town for possible inclusion in a future newsletter or other publication. **Email your photos with caption info to Heidi Simon.**

### Our Sponsors

America Walks thanks our sponsors for their generous support of this publication and all of the work being done by America Walks to promote the walkable movement. Thanks for helping to make America a great place to walk!

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Have an item for our newsletter or a question for our team? Contact America Walks

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