

Support Walkable Communities

20 years strong AMERICA WALKS

August 2019

Safe Systems for Safer Streets

America Walks is deeply troubled by the sharp increase in pedestrian fatalities over the last decade. **Last year, 6,227 pedestrians were killed.** This was up from almost 6,000 in 2017 and the largest number since 1990. Seniors, people of color and low-income individuals are at greatest risk – over twice as likely to be killed.

In 2018, we partnered with **the University of North Carolina Highway Safety Research Center (UNC HSRC)** to launch the **Safer Systems program** with support from the National Safety Council. Now it's time to visit with three of the participating communities to hear about their journey on the road to zero.



Read The Road to Zero Stories



Create a Culture of Green Commutes with Safe Routes to School



The demand for safe walking and rolling is higher than ever before. Our fellow lead organization for #Walk4Change month [Safe Routes Partnership](#) has some great tips on how you can help combat climate change by walking more. [Read on about the key steps you can take towards environmental sustainability.](#)

And join America Walks and partners for our upcoming #Walk4Change Twitter chat on Thursday, September 19th to explore the connection between walking and climate change even further.



Women of the Walking Movement



...because my walking is by choice, I can more easily avoid situations I feel might be threatening. This is not the case for many who cannot opt out of walking in certain areas or at certain times because their work schedule, available housing, or lack of any other option when it comes to transportation mandates it.

- Katy Bowman, M.S. Biomechanist, Author, and Science Communicator

America Walks recently posed an opportunity for our audience, internal staff, and supporters to nominate women walking champions who they admire.

This month we featured biomechanist, author, science communicator and Nutritious Movement founder Katy Bowman. Unpack all the deep, scientific yet visceral reasons why Katy says walking, moving and exploring must become a staple in our everyday lives. [Read her story and advice here.](#)

Nominate an Inspiring Woman of the Walking Movement

Register for Our September Webinar

ACTIVE AND ENGAGED: COMMUNITY OUTREACH STRATEGIES FOR HEALTH



6 Principles for Creating Walkable Spaces

At America Walks, we are always looking out for innovative, inclusive, and proactive examples when it comes to creating walkable spaces at the individual, neighborhood, and city-wide level.

Read our recent [guest blog for *Meeting of the Minds*](#) where we dive into examples that can serve as scalable models for wherever and however you are working, living, walking, or talking to mobilize and inspire people-first design in your community.

Mark Those Calendars

- **REGISTER NOW** for the [National Walking Summit in Columbus, Ohio](#), September 24th.
 - **September 11th:** Want more detailed information on programs and strategies that communities are using to engage individuals to get moving? [Sign up for our next free webinar](#), *Active and Engaged: Community Outreach Strategies for Health*.
 - **September 12th:** [Join America Walks' free webinar](#), *Moving Forward: Innovation in Active Transportation*, where we'll explore innovative strategies to promote active commuting at the building scale and the role of building design in active transportation.
 - **September 19th:** [Join our #Walk4Change Twitter Chat](#) at 2pm EST.
 - **September 24th – September 26th:** Head to Baltimore, Maryland for the [National Recreation and Park Association Annual Conference](#). [Register here](#) and look for Deputy Director Heidi Simon's presentation.
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REGISTER NOW

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Content We Loved This Month

- **Professional Practice: Universal Design** / *American Society of Landscape Architects*
- **Park Inequities Are Symptoms of a Bigger Problem** / *Healthy Places By Design*
- **Connected and Engaged: Community Outreach Strategies for Transportation** / *America Walks*
- **Livable Communities in 90 Days** / *AARP Livable Communities & Team Better Block*
- **Foot Traffic Ahead 2019** / *Smart Growth America*

Now for something a little different: simple street activism captured in New Orleans by Walking College Manager Emilie Bahr



America Walks Thanks Our Sponsors

America Walks thanks our sponsors for their generous support of this publication and all of the work being done by America Walks to promote the walkable movement. Thanks for helping to make America a great place to walk!

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