Are there adequate housing options that are affordable, accessible and varied in type?

Are there ways to remain mobile once driving is no longer an option?

Is there adequate, safe and accessible public space?

Are there opportunities for civic and social engagement through volunteerism, work, other?
Behind the numbers, a deeper story

**HOUSING**
More than 50% of renters 65+ were rent-burdened (paying more than 30% of income for housing) in 2015, up from 43% in 2001.

**MOBILITY**
The average American outlives her ability to drive by 6-10 years.
Walking trips up by seniors from 9 to 14% from 2009 to 2017.
People 65+ were over-represented in pedestrian fatalities in 35 states.

**PUBLIC SPACES**
Seniors comprise 20% of general population but only 4% of park users.

**DISASTERS**
Older adults are disproportionately impacted by natural disasters, and aren’t fully prepared for emergency situations.

**ISOLATION**
Isolation and loneliness are worse for health than obesity.
The health risks of prolonged isolation = smoking 15 cigarettes/day.
What do older adults want?

8 of 10 ADULTS age 50 and older want to stay where they live.

77% Strongly agree with the statement, “I would like to remain in my community as long as possible.”

76% Strongly agree with the statement, “I would like to remain in my current home as long as possible.”

Source: 2018 AARP Home and Community Preferences Survey: A National Survey of Adults Age 18+
Most adults drive to get around their community

How do you usually get around your community for things like shopping, visiting the doctor, running errands, or other things?

84% DRIVE THEMSELVES

27% have others drive them
38% walk
13% ride a bike
15% use public transportation
3% use special transportation service
9% use a ridesharing service
6% take a taxi
3% some other way
**Public transportation remains important**

Majorities place high importance on public transportation safety, maintenance, timeliness, accessibility, and affordability.

**Q** How important it is to you personally to have the following in your community right now?

<table>
<thead>
<tr>
<th>Feature</th>
<th>Extremely/Very important</th>
<th>Somewhat important</th>
<th>Not very/Not at all important</th>
</tr>
</thead>
<tbody>
<tr>
<td>Safe public transportation stops or areas that are accessible to people of varying physical abilities</td>
<td>60%</td>
<td>23%</td>
<td>17%</td>
</tr>
<tr>
<td>Timely public transportation</td>
<td>59%</td>
<td>21%</td>
<td>20%</td>
</tr>
<tr>
<td>Well-maintained public transportation vehicles</td>
<td>58%</td>
<td>23%</td>
<td>18%</td>
</tr>
<tr>
<td>Special transportation services for people with disabilities and older adults</td>
<td>58%</td>
<td>24%</td>
<td>18%</td>
</tr>
<tr>
<td>Affordable public transportation</td>
<td>56%</td>
<td>24%</td>
<td>19%</td>
</tr>
<tr>
<td>Public transportation that is close to your home</td>
<td>48%</td>
<td>25%</td>
<td>26%</td>
</tr>
</tbody>
</table>

Source: 2018 AARP Home and Community Preferences Survey: A National Survey of Adults Age 18+
The foundations for an age-friendly community

The 8 Domains of Livability

- Community Support & Health Services
- Outdoor Spaces & Buildings
- Transportation
- Communication & Information
- Civic Participation & Employment
- Respect & Social Inclusion
- Social Participation
- Housing
AARP Network of Age-Friendly States and Communities

400+ communities
5 states (incl USVI)
How AARP supports communities: aarp.org/livable
Changing behavior to expand use of other modes

Silver Spokes Program, Cleveland, OH
Tactical grants to change the conversation

Dover, CT

Hebron, NE

Newberg, NY
Placemaking as catalyst for policy change

Des Moines, IA (2018)

All photos courtesy of Team Better Block
Thank YOU!

Learn more:

www.aarp.org/livable

@AARPLivable
FB: AARP Livable Communities

Danielle Arigoni
darigoni@aarp.org
@dianellearigoni