

Support Walkable Communities #GivingTuesday –
Dec 3rd

20 years strong
AMERICA
WALKS

November 2019

Giving Thanks to You – Our Walking Champions



It's that time of year to reflect and give thanks for those who make our work in supporting safe, accessible, equitable, and enjoyable places to walk and move possible. At America Walks, we are so grateful for the support, shared success, and continued engagement we have with YOU — a network of community change agents who are passionately fighting for active, healthy, and engaged communities. Having you on the walking path with us makes all the difference. Want to give thanks together?

Consider making a gift in the name of your favorite walking champion here.

Give the Gift of Community Change



Walking College Fellows are Swiftly Changing Their Communities



2019 Walking College Fellows taking part in the National Walking Summit in Columbus, Ohio.

As we head into graduation week for our Class of 2019 Walking College Fellows, we want to give a nod to the remarkable outcomes we are seeing in communities across the country — as a direct result of graduating 118 total Fellows through the Walking College. We considerably expanded our geographic reach this year while graduating our most diverse set of candidates to date. We are talking about powerful grassroots leaders who are enacting waves of inclusive policy changes with their thoughtfully crafted Walking Action Plans.

Check out the accomplishments of our Walking College Fellows and see exactly what kinds of community changes your donations are helping us fund.



Women of the Walking Movement



Wendy is a true believer in the idea that the quality of the built environment has a direct effect on a person's quality of life.

America Walks recently posed an opportunity for our audience, internal staff, and supporters to nominate women walking champions who they admire.

This month we featured Wendy Landman, Senior Policy Advisor for Walk Boston, Age Friendly Walking advocate, member of the Massachusetts Healthy Aging Collaborative Executive Committee, and America Walks board member. Stacey Beuttell, Executive Director at Walk Boston, helped us recap and reflect on her incredible accomplishments in the walking movement to commemorate her impactful tenure at Walk Boston. If you're looking to get inspired on your people-first advocacy path, look no further.

Read Women of the Walking Movement: Wendy Landman

Safe Routes to Accessible Communities

The **National Aging and Disability Transportation Center** (NADTC) recognizes that having safe, accessible walking routes is an important component of a community's network of transportation options. NADTC's



online mini-course, [Accessible Pedestrian Pathways](#), addresses how to meet the needs of older adults and people with disabilities through community walkability. The course covers Americans with Disabilities Act (ADA) requirements, how to conduct walkability assessments, and examples of local projects. The course is archived on the NADTC website and available to the public.

[Read more about the work of NADTC with their guest blog post celebrating the monthly theme of Safe Routes for Improved Access here.](#)

Mark Those Calendars

- **December 3rd:** Take part in the global movement for generosity this #GivingTuesday. Through our programs like the Walking College, Community Change Grants, Safer Systems work, free webinars, National Walking Summits and more — we're working towards safe, accessible, walkable communities each day. [Join us by making a tax-deductible donation to America Walks this Tuesday.](#)
- **December 16th:** [Submit your proposal](#) for The National Center on Health, Physical Activity and Disability (NCHPAD) community-based micro-grant program — promoting accessibility and inclusion of people with disabilities in health promotion and wellness activities.

Watch Our November Webinar

BEYOND THE PHYSICAL: MENTAL & SOCIAL BENEFITS OF WALKABLE COMMUNITIES



Content We Loved This Month

- [Angry that speed is prioritized over safety? Here's what to do about it / *Transportation for America*](#)
- [Modes of transportation in The Wizard of Oz, ranked / *The Verge*](#)
- [Does news coverage of traffic crashes affect perceived blame and preferred solutions? Evidence from an experiment / *Science Direct*](#)
- [To Reset Your Life As A Pop Star, Try Walking Across America / *NPR*](#)

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