

Support Walkable Communities

20 years strong
**AMERICA
WALKS**

January 2020

A Year of Action

The new year is a great time to reflect, recharge, and plan ahead for the year to come. At **America Walks**, January is our time to recommit to how we are going to work with our network to advance safe, accessible, equitable, and enjoyable places to walk and move. For 2020, we're all in for a Culture of Action and hitting the ground walking with a busy first month as we:

- Dived into what we mean by a **Culture of Action**
- **Awarded 19 Community Change grants** to change agents across the US
- Celebrated the work of **Daniel Price, 2019 Walking College Fellow**
- **Spoke with the American Council of the Blind** on our partnership for accessible streets

Read About Our 2020 Theme Culture of Action



NATIONAL WALKING SUMMIT-ST LOUIS

**EARLY BIRD RATE
EXTENDED**

WWW.WALKINGSUMMIT.ORG

New Equitable Strategies to Increase Physical Activity

America Walks was excited to take part in the launch of **Active People, Healthy Nation**, a new initiative from CDC to help 27 million Americans become more physically active by 2027.

To help with this, for the first time ever the CDC has created **state maps of physical inactivity by race and ethnicity**. In the majority of states, non-Hispanic blacks and Hispanics had a significantly higher prevalence of inactivity than non-Hispanic whites. They have also released the **Active Communities Tool (ACT): An Action Planning Guide and Assessment Modules to Improve Community Built Environments to Promote Physical Activity**.





“Very often, people with disabilities are just trying to get access to places that you have historically not been allowed to access, whether that’s an attitudinal barrier or it’s architectural... we have been socialized to believe we don’t necessarily belong in places. I never want anyone to feel like they don’t belong somewhere.

- Karin Korb, America Walks Board Member

Alabama Life and Culture recently featured America Walks' board member Karin Korb in [Here's what Karin Korb wants you to know about people with disabilities](#). As always, Karin did an incredible job representing the disability community and gives an enthralling glimpse at why she does what she does. We are privileged to learn from Karin and we know you'll feel the same.

Add Your Voice to the Call for a More Connected America

We have added our support to the [The Connecting America's Active Transportation System Act](#) which will support active-transportation systems to ensure people can get where they want to go safely by foot, bike or wheelchair by providing \$500 million direct funding annually. You can learn more from our partners at Rails-to-Trails Conservancy and [add your voice to the call for more opportunities to walk and move here](#).

Mark Those Calendars

- **February 3rd: Applications open for the 2020 Walking College.** Be inspired and get your questions answered on our February 11th #WalkingCollege Twitter Chat at 1:30pm Eastern.
- **February 12th: Register now for America Walks' free webinar, *Walkability for All – Putting Equity into Practice*,** where we'll explore how we can move beyond talking about equity to building equitable communities.
- **February 28th: Applications for the 2020 Walking College will close.** Don't miss out on your opportunity to be part of the next class of community change agents.

Register for Our February Webinar

WALKABILITY FOR ALL - PUTTING EQUITY INTO PRACTICE



Content We Loved This Month

- [Orlando, the nation's deadliest city for pedestrians, has a plan for safer streets](#) / *Curbed*
- [City parks aren't luxuries. They are critical infrastructure.](#) / *Changing America*
- [What Livability Looks Like for Black Women](#) / *City Lab*

- [James Rojas: How Latino Urbanism Is Changing Life in American Neighborhoods / *Salud America!*](#)
- [Walking Into the New Year / *America Walks*](#)

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STAY CONNECTED



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