



AARP LIVABLE COMMUNITIES

WELCOME!

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AARP LIVABLE COMMUNITIES

State Walking Colleges



Accepting applications NOW through February 28, 2023:

- Alaska and New Mexico State Walking College
- Indiana State Walking College
- Kansas State Walking College
- Louisiana State Walking College
- Pennsylvania State Walking College
- Vermont State Walking College

To apply: <https://americawalks.org/aarp-partnerships-2023/>



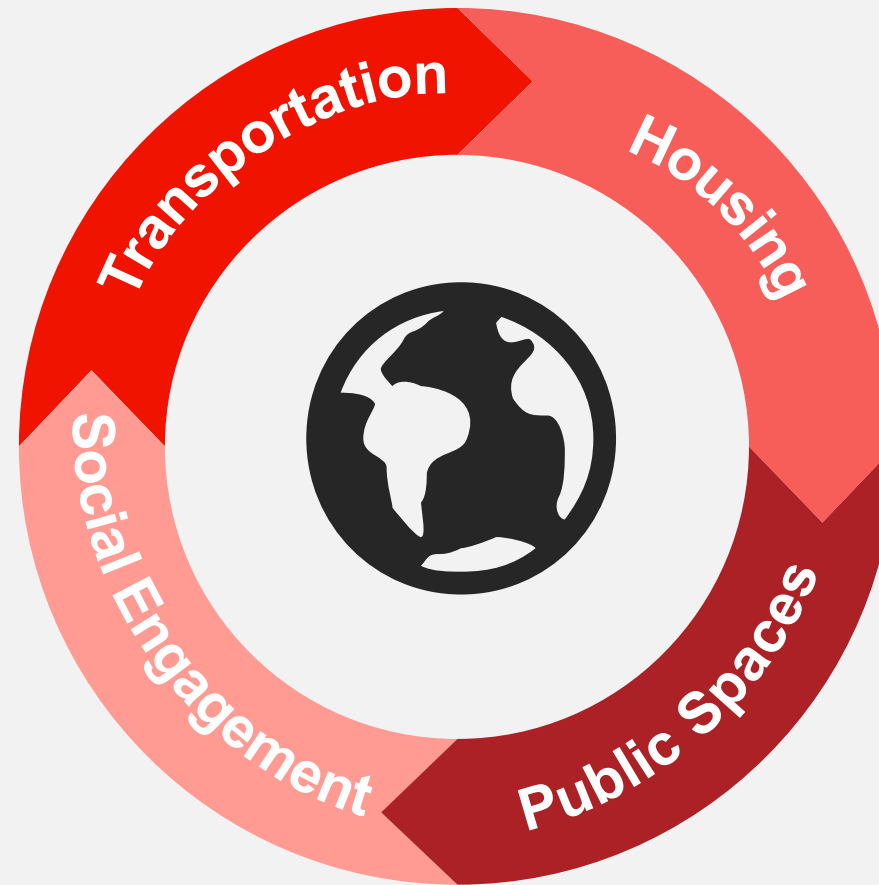
A partnership of AARP and America Walks, **State Walking Colleges** are building capacity to create more walkable, equitable communities



Our Goal



AARP Livable Communities seeks to support state and local leaders to ensure that **they are designing communities that work for people of all ages** by addressing:

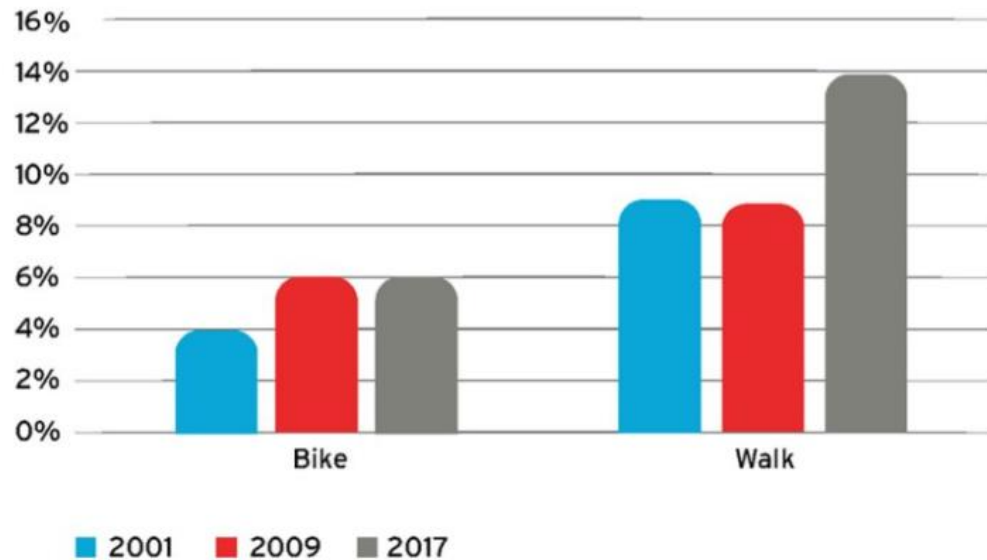


“By 2034, there will be **more people over 65 than under 18** – for the first time ever.”

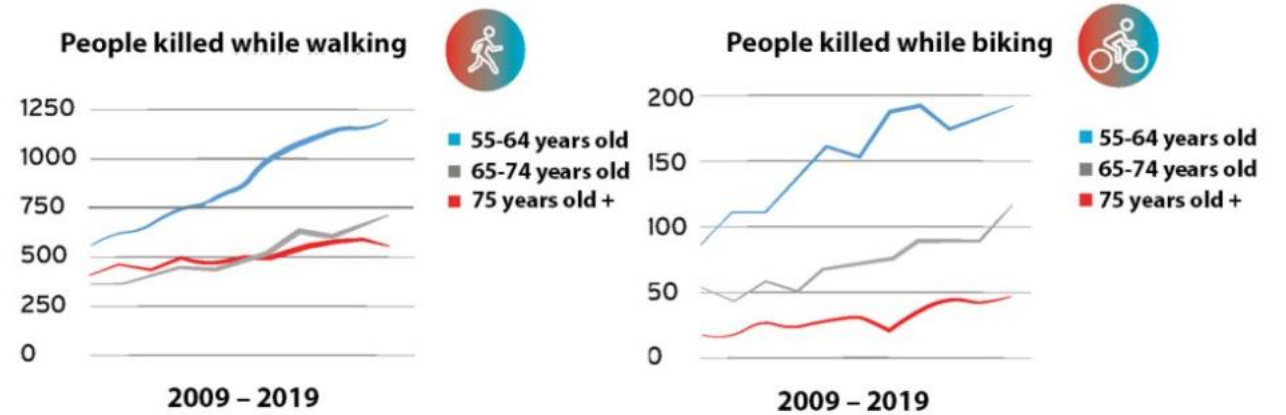
Safer Biking and Walking for Older Adults



All Biking and Walking Trips by People Age 65+



The Last Decade Has Seen Large Increases in Bicyclist and Pedestrian Fatalities



Source:

Biking and Walking by Older Adults, <https://www.aarp.org/livable-communities/getting-around/info-2021/bicycling-and-older-adults.html> (based on Benchmarking Report data)

Free Publication



PART 1: Getting Started

Step 1: Get Ready

Step 2: Get Set

Step 3: Go Do a Walk Audit!

PART 2: Information and Instructions

A Streetscape Vocabulary List

What Is a “Complete Street”?

The Scorecard

PART 3: Taking Action

Reporting Results, Proposing Solutions

Strategies for Safer Streets

Learn More

Worksheets

The free **AARP Walk Audit Tool Kit** publication and worksheets are available in **English** and **Spanish**.



Walk Audit Tool Kit

A self-service guide for assessing
a community's walkability



Worksheets available at
[AARP.org/WalkAudit](https://www.aarp.org/WalkAudit)

AARP WALK AUDIT TOOL KIT

Deeper-Dive

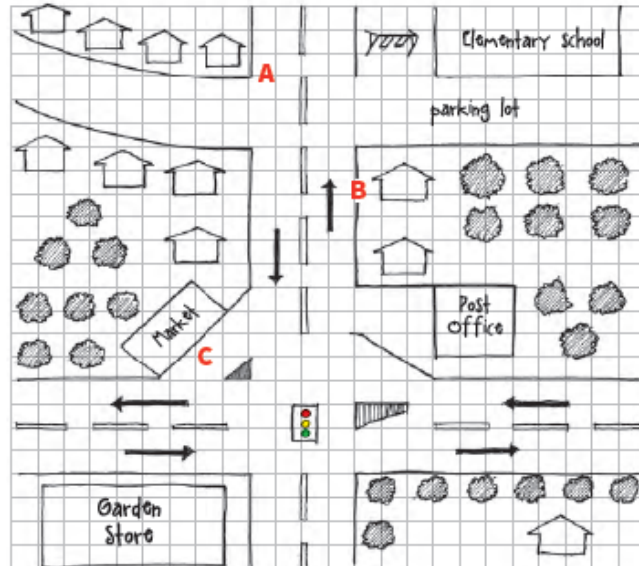


Sample

① MAKE A MAP

Use a mapping website to capture and print a bird's-eye-view image of the walk audit area, or use our Make a Map worksheet (which can be downloaded and printed from AARP.org/WalkAudit) to draw a simple map.

- Label the streets and make note of any key features, such as stores, schools and (if they exist) sidewalks.
- Take photographs and/or video of the area so others can see the challenges and strengths.
- Match and mark the photographs and/or video location(s) on the map.
- Indicate any other problem spots or areas of opportunity (e.g., a bus stop with no seating or shelter).



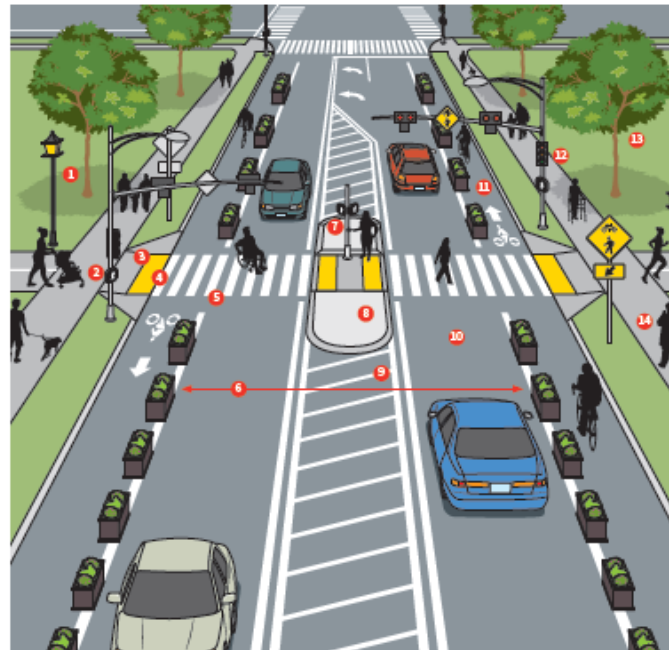
AARP Walk Audit Tool Kit | 7

PART 2

INFORMATION AND INSTRUCTIONS

A Streetscape Vocabulary List

Transportation planners, engineers and advocates speak in a language that is sometimes incomprehensible to the average reader or resident. Employing terminology used by these professionals in the walk audit report will show that the auditor or auditors have done the necessary homework. Herewith some words and terms for talking the talk.



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PART 3

TAKING ACTION

Strategies for Safer Streets

Elected officials and other local leaders don't know everything about every aspect of managing or planning for a community's needs. After all, in many communities, local government is a part-time and unpaid — job. The daily life grind of immediate needs often prevent community leaders from addressing complicated or long-term problems, learning about new and improved best practices, or staying updated about innovative ideas and solutions.

Following are some traffic-calming methods that make streets safer for all roadway users, especially pedestrians. Many local leaders aren't even aware of these terms, definitions and solutions.



Fargo, North Dakota



Bath, Maine



Edgewater, Maryland



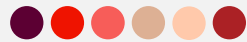
Wayne, Maine

◀ Unlike the towering, "high-mast" lighting used on highways, **PEDESTRIAN-SCALED LIGHTING** brightens sidewalks, crosswalks and any dark spots where people might walk at night. Street lamps also enhance a location's appeal, help pedestrians see potential hazards and make them visible to drivers.

◀ A **PEDESTRIAN ISLAND** provides a safe place for pedestrians to stop and stand at a wide roadway's mid-point. **FLASHING TRAFFIC SIGNS** can (among other benefits) alert drivers to congested areas or to pedestrians crossing the roadway.

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Worksheets



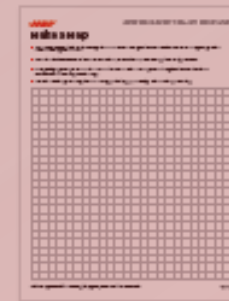
We have 11 worksheets!

Visit [AARP.org/WalkAudit](https://www.aarp.org/WalkAudit) to download whichever worksheet is suitable for the location being observed.

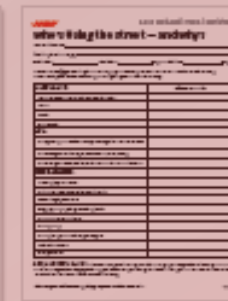
Share the worksheets (via email attachment or as printed copies for distributing) with Walk Audit teammates for use on location.

WORKSHEETS

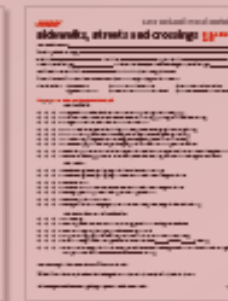
Visit [AARP.org/WalkAudit](https://www.aarp.org/WalkAudit) to view, download and print the worksheets you need. Sharing copies of the worksheets — and adapting them to better serve your community's needs — is encouraged!



1. Make a Map



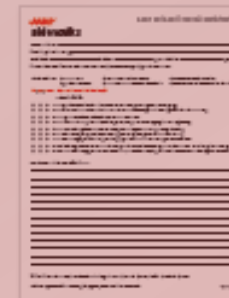
2. Who's Using the Street — and Why



3. Sidewalks, Streets and Crossings (Single-Location Audit)



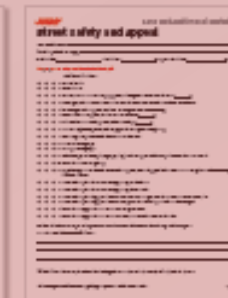
4. Sidewalks, Streets and Crossings (Walking Audit)



5. Sidewalks



6. Streets and Crossings



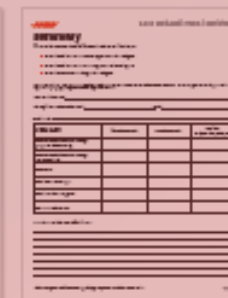
7. Street Safety and Appeal



8. Public Transit Access



9. Build a Better Block

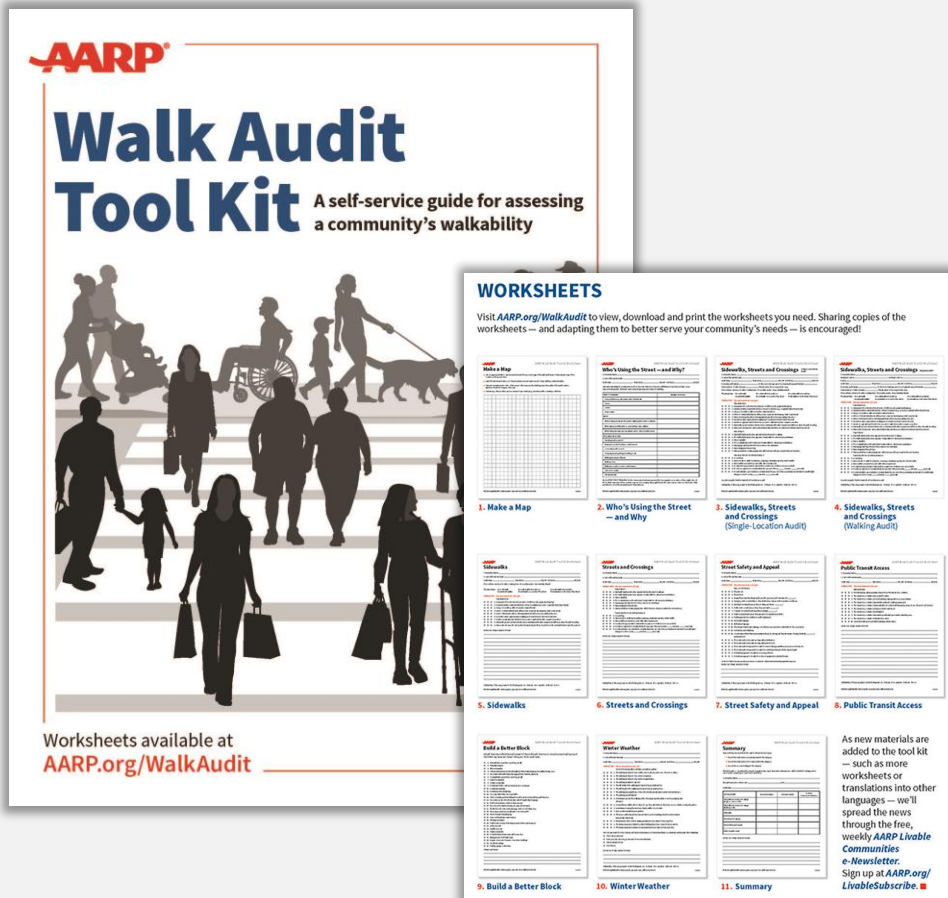


10. Summary

As new materials are added to the toolkit — such as additional worksheets or translations into other languages — we'll spread the news through the free, weekly [AARP Livable Communities e-Newsletter](https://www.aarp.org/LivableCommunities). Sign up at [AARP.org/LivableSubscribe](https://www.aarp.org/LivableSubscribe). ■

AARP WALK AUDIT TOOL KIT

More Information



To order or download the free **AARP Walk Audit Tool Kit** and the accompanying worksheets:

AARP.org/WalkAudit

To be among the first to know when related resources or new livability materials are published, subscribe to the free **AARP Livable Communities e-Newsletter**:

AARP.org/LivableSubscribe

AARP Community Challenge



A grant program to make communities *more livable* for people *of all ages* with *tangible improvements* that jump-start *long-term change*



First Six Years



\$12.7 million

through

1,060 grants

in nearly

700 communities

reaching

100 million people

2023 COMMUNITY CHALLENGE

Grant Opportunities



In 2023, the AARP Community Challenge is accepting applications across three different grant opportunities, two of which are new this year:

- ✓ **Flagship Grants**
- ✓ ***New!* Capacity-Building Microgrants**
- ✓ ***New!* Demonstration Grants**



2023 COMMUNITY CHALLENGE

Flagship Grants



Flagship Grants continue the successful Community Challenge grant program, first launched in 2017.

These grants offer a broad opportunity for communities to apply for funding and to be creative across these categories:



Public Places



Digital Connections



Transportation



Community Resilience



Housing



Civic Engagement



Diversity, Equity & Inclusion



Community Health & Economic Empowerment



2023 COMMUNITY CHALLENGE

Capacity-Building Microgrants



This new grant opportunity combines \$2,500 grants with additional resources, such as webinars, cohort learning opportunities, up to two hours of one-on-one coaching with leading national organizations, and AARP publications. Microgrant applications will be accepted in two categories:



Community Gardens

with support from 880 Cities and using the AARP publication *Creating Community Gardens for All Ages*



Walkability

with support from America Walks and using the AARP *Walk Audit Tool Kit*

Demonstration Grants



This new grant opportunity will support demonstration efforts that encourage replication of promising local efforts and will accept applications for projects in the following categories:



Transportation Systems Change

Sponsored by Toyota Motor North America



Accessory Dwelling Unit (ADU) Design Competitions



Quick Action Timeline



8 weeks for applications

8 weeks for paperwork

5 months for projects

March 15 | Applications are due by 5:00 pm ET

May | All applicants will be notified of their status by email

June 14 | MOU forms to be completed and returned by grantees

June 28 | Public announcement of selected grantees & projects begin

November 30 | All projects must be completed

December 31 | Deadline for after-action reports

Additional Questions?



Resources



Email

CommunityChallenge@aarp.org



Learn more on the website

AARP.org/CommunityChallenge



Sign up for the AARP Livable Communities e-Newsletter

AARP.org/LivableSubscribe

